

Bohemian Summer Festival

FRIDAY - 16 February 2024

9am	MAIN STAGE	Dj Sophie Joy Dj Sophie Joy will be bringing her funk, soul, jazzy beats, hip hop, disco and house vibes as background chill while you arrive and get settled into festival life.
11am	MAIN STAGE	MORRIGAN & WILDING – live performance Carly Wilding and Kylie Morrigan are a folk-fusion duo based in bayside Naarm (Melbourne). They bring together Carly's extensive theatre and music background and Kylie's classical and contemporary musical background and merge into a slightly mystical, slightly Celtic, slightly gothic and unique blending of voice and multi-instrumentation with all original songs. With harp, violin, guitar, voice and live-looping, Morrigan & Wilding transport you with their experiential and story-oriented
11am	WORKSHOPS	Light Language: The Harmonics of your Soul - Fabiene Lui Light Language is the unique expression of your multidimensional soul, it connects you to a latent energy that transcends all that you know, and you start to BE. Come gather in Sacred Circle and be guided in meditation to receive Light Language transmissions in a journey through your Chakras. Experience your Divine Truth arising as your energy flows through a soundscape of frequencies and song. It's time for you to ignite your dormant potentials, and ACTIVATE into a new vibration.
11am	WOMEN'S CIRCLES	Heal the Inner Child - Trish Pellen Join our transformative workshop where you'll embark on a journey to heal your inner child and gain insights into how your adult self and shadow self impact the delicate equilibrium of life. Uncover the power of your Jungian Archetypes and their subtle influence on your existence. Establish a profound connection with your inner child, extending compassionate support and facilitating profound healing. As a bonus, you'll receive a comprehensive 18-page book, adorned with vibrant colors, to enhance your learning and exploration process.
11am	CRAFT/EXPRESSION	Come & Go Rock Painting Drop in to our crafting space to take part in some rock painting. Whether you paint a yoni, mandala or positive affirmation. The choice is yours! You can keep your rock or add it to our community rock garden to spread a little bit of joy or hope for someone else. You are also welcome to take one home if you need a message of hope in your own life.
11am	YOUTH	Discovering yourself through Astrology - Majik of Life What exactly do the signs, planets and houses represent in your astrology chart? Most of us know our sun sign but if you dig a little deeper you will discover that your chart contains so much more. In this workshop we will take a journey into unlocking the secrets of your unique astrological chart which was created in the sky at the exact time of your birth. Discover how the planets talk to each other, understand what each zodiac sign represents and the energy contained in all 12 houses to gain a deeper insight into your strengths, weaknesses and what makes you unique in this world.

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11am	HUB	How to Place your Medicine on the Altar of Humanity - Energy Business Institute It is time for you to step up and discover how to become the expert in your field of excellence. Learn to position, package and price yourself correctly with 7 streams of income to build the business of your dreams.
12.10pm	MAIN STAGE	Yoga Flow & Sound Bath - Sally Bruni & Cat Timcke Soul Sisters, Sally and Cat, have created this workshop from their hearts, weaving their love and passion for holistic wellness into a workshop that guides those who find their way to this offering through a yoga flow and sound bath. The yoga flow will have an emphasis on breath & movement, and will be suitable for all levels. This is an opportunity to connect to earth, breathe in fresh air and nourish your body with sacred movement. Following the yoga flow you will gently land into a sound bath savasana. This is time for rest, restoration & integration of your beautiful practice into your beautiful being. The sound bath will include relaxing and healing sound frequencies from crystal singing bowls, chimes, shamanic drum and other sound healing instruments.
12.10pm	WORKSHOPS	VocalPlay - Fiona Ross Fiona Ross is a certified InterPlay Leader who specialises in VocalPlay. In this workshop, we will celebrate being right where we are through song, sound and serenade! Together we'll stand in our dignity, remember the support that has our back, & sing up trust and courage for our world.
12.10pm	WOMEN'S CIRCLES	Grounding Harmony; Cultivating Calm Within Inspiring Potential Life Coaching Some may have already heard of Attachment Theory & may have studied it at University and/or from a variety of educational platforms & others may not have ever heard about it before. The question is; Why would you want to come? You will learn about Attachment Styles & be able to identify your own Attachment style. This attachment style was created from childhood and is played out in our everyday life particularly in our love relationships. We will explore the healing tools to "HOW" to change our attachment style from an insecure attachment into a secure attachment. This results in a more harmonious relation with self, family & community.
12.30pm	CRAFT/EXPRESSION	Communal Earth Healing Mandala - Phoenix Alternative Using biodegradable natural materials provided by the earth, join us as we come together to create a sacred mandala to bless Mother Earth. Followed by an energy building ceremony to send love, light and healing back into Gaia. This workshop will be held at Phoenix Alternative's stallholder space so please meet there to take part.
2.15pm	YOUTH	Friendship Bands - Inspiring Potential Life Coaching A fun and interactive workshop for kids 8 – 12 years, they will learn to make their very own friendship bands using a variety of techniques. This workshop aims to cultivate children's creativity, improve their fine motor skills and promote friendship building through the art of making personalised bands. During the workshop, kids will be introduced to various types of friendship bands, including braided, beaded, woven and charm-based designs. They will learn step-by-step instructions, from selecting the right materials and tools to mastering the techniques that bring these bands to life.

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12.10pm	HUB	<p>Own your Life - It is never Too Late! - Melton Personal Training / Sarah Jane Lock</p> <p>Sarah is a Personal Trainer from Melton who owns a Private and exclusive Personal training Studio. Sarah will be sharing what led to her creating a business that helps and inspires women and why this is important to her. She will discuss her personal challenges and how she overcame them to now own a thriving personal training studio.</p> <p>Sarah will also be sharing some tips and will have some vouchers to give away as well as have some merch available for those ready to step into their own power.</p>
1.20pm	MAIN STAGE	<p>Chant with Charlotte & friends - Whites Swan Sound and Yoga</p> <p>Join Charlotte and friends for a heartfelt session of singing from the heart. Charlotte will chant and play the harmonium and a responder singer will help guide you in the practice so you know when to chant! The repetition of mantra helps the mind to focus, and shifts one into a meditative state. Experience the sound of your own voice amongst others and feel peaceful, joyous, united and connected as you chant mantra. No singing experience required! For Charlotte chanting is a way to share love & energy, music & fun and to meditate with ease. It's a way to bring people together to feel good! She sees chanting as a nurturing practice which can be relaxing, joyous, heart opening and transformative.</p>
1.20pm	WORKSHOPS	<p>Tapping into your Super Conscious Powers for Psychic and Mediumship Development Lindie Gunston</p> <p>We all have psychic and mediumship abilities, it's just that some of us choose to develop them to a high standard to help others and to use them for the greater good. Come and find out some easy techniques to tap into your superpowers, to see what you are capable of. This workshop is suitable for all levels of ability.</p>
1.20pm	WOMEN'S CIRCLES	<p>Transformative Healing with Flower Essences - Crystal Aura Tarot School</p> <p>Discover the transformative power of Flower Essences with Natalie Grace, founder of Flower Guide Remedies. In this one hour workshop, you'll gain insights into the principles behind subtle energy medicine, explore the diverse benefits of Flower Essence Therapy for physical, mental and emotional well being, and learn how to incorporate Flower Remedies into your daily self-care routine to create inner harmony and enhance your personal and spiritual growth.</p>
1pm	CRAFT/EXPRESSION	<p>Crystal Jewellery Making - Our Gypsy Collection</p> <p>This workshop is designed to teach beginners how to wire wrap their own crystals and make them into pendants. Naomi will walk you through the different gauges of wire and tools / materials used to make the pendants and you will leave with your own personal crystal (the chain can be purchased separate direct from Our Gypsy Collection straight after this workshop) that is completely unique just like yourselves!</p> <p>Limited spots available. Please arrive early to avoid missing out. This workshop is repeated on Sunday.</p>

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2.30pm	MAIN STAGE	<p>Intuitive Body Art Workshop - Soulful Enchanting Body Art</p> <p>Intuitive Body Art Workshop is a hands on experience, inviting you to honour and acknowledge your body through the medium of body art. It is a beautiful opportunity to tune in with the relationship you have with your body, by opening a self loving dialogue to allow deep embodiment and connection.</p> <p>Through our bodies innate wisdom and language we can tap in, listen and give what's needed. We will be giving the gift of art and our bodies are the canvas. There will be guided meditation, journalling, sharing circle, movement and body painting.</p> <p>Limited spots available. Please arrive early to avoid missing out. This workshop is repeated on Saturday. It is suggested that you bring a cushion to sit on during this workshop.</p>
2.30pm	WORKSHOPS	<p>Embrace Your Unique Radiance: Discover Your Natal Moon Personality Type! - Awaken Divine Feminine</p> <p>Unlock Your Cosmic Essence: Join Our Mind-Blowing Workshop to Reveal Your Secret Moon Personality Type! Prepare to Be Astonished by What Your Natal Moon Phase Holds About You. Don't Miss Out on This Life-Changing Event!</p> <p>**NOTE: attendees do not need to know anything about astrology or their position of their natal moon to get the benefits of this workshop</p>
2.30pm	WOMENS CIRCLE	<p>Untold - Inner Om with PJ (trigger warning)</p> <p>A safe space for women to come together to be heard, seen and held as they share their story/stories of pregnancy loss. This workshop aims to break the stigma around pregnancy loss and give voice to the babies which were never held in their mothers' arms. Women will also have the opportunity to reconnect to their bodies through Yin (using mind, breath and stillness), as well as release grief stored in the body through this gentle practice. The workshop will end with a meditation in which women are invited to set their intention to connect to their baby/babies in spirit (it is optional whether you set this intention or perhaps another). This meditation allows the time and space for women to explore/feel/see or sense their soulful connection to their baby in spirit.</p> <p>* TRIGGER WARNING Infant & pregnancy loss</p>
3pm	CRAFT/EXPRESSION	<p>Paint and Sip - Pinot & Picasso Ballarat</p> <p>Grab a drink from the bar (OPTIONAL) and immerse yourself in this creative workshop.</p> <p>Mysterious, beautiful, brave and colorful! Release your inner femme fatale with this bright and expressive artwork. Whether you're red and fiery, yellow and charismatic, orange and creative –</p> <p>play with colors that represent you! Femme Fatale is the perfect artwork for all skill levels, allowing for free flowing expression and multiple colors</p> <p>Limited spots available. Please arrive early to avoid missing out. This workshop is repeated on Saturday.</p>

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3pm	YOUTH	<p>Maidens Circle - Calm Within Chaos; Nurturing Mindfulness and Reducing Stress - Inspiring Potential Life Coaching</p> <p>Some may have already heard of Attachment Theory & may have studied it at University and/or from a variety of educational platforms & others may not have ever heard about it before.</p> <p>The question is; Why would you want to come? You will learn about Attachment Styles & be able to identify your own Attachment style. This attachment style was created from childhood and is played out in our everyday life particularly in our love relationships. We will explore the healing tools to “HOW” to change our attachment style from an insecure attachment into a secure attachment. This results in a more harmonious relation with self, family & community.</p>
3.30pm	HUB	<p>Speaking with Spirit - Megan Anne</p> <p>A Psychic Mediumship demonstration - predictions delivered to selected audience members, as well as stories and insights from Megan's career and experiences so far.</p>
5pm	MAIN STAGE	<p>The Pedestrians - Live Performance</p> <p>Introducing The Pedestrians; a five-piece all-girl band from the Western Suburbs of Victoria Australia. The Pedestrians will be playing an acoustic mix of grunge and melodies. These young musicians will be sharing the stage with other established and emerging artists, and we are super excited that they will be joining our lineup!</p>
5pm	WORKSHOPS	<p>Practical Magic - Create your Own Sacred Tool - Nicole Lee & Victoria Maxwell</p> <p>Learn how to create magical tools using everyday items you already have in your home. Come along to create your own spell candle or healing bath elixir working with the various elements, cosmic cycles, your intuition and energy practices. Nicole will guide you through the various rituals to cleanse, choose and activate your tools. This is a great workshop for those who are looking to tap into magic and their own intuition.</p>
5pm	WOMENS CIRCLE	<p>Heart to heart or head to head? Mother & Daughter Conversations® - Born To Excel (Aus)</p> <p>Join us at the our mother & Daughter conversations and grow your tribe/community Intergenerational work with Mothers & Daughters. Relationships between Mothers and Daughters can be the most rewarding and can also be one of the most challenging relationship of your life. For some women it can be the most beautiful relationship and for others it does not evoke the best memories. Many mothers have childhood experiences and challenges that have never been spoken about, addressed or shared. Unfortunately, this can affect their daughters and can impact and influence the way in they see themselves, how they show up in the world, form relationships and how they relate and communicate with their own daughters.</p>

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5pm	YOUTH	Make a nature crown (come and go festival activity) Start your festival experience off by making a bohemian nature crown. Women have been crafting their own wild head pieces for centuries. Enjoy this age-old practice and immerse yourself in an expression of you with assorted elements from nature.
6:30pm	MAIN STAGE	OPENING CEREMONY - WELCOME TO COUNTRY Presented by Tammy Gilson (Proud Wadawurrung Woman, Wiyin Murrup (Cultural Fire) Ranger, Award Winning Traditional Weaver and Blak Designer) Join us in our opening ceremony where proud Wadawurrung women, Tammy Gilson will present a Welcome to Country and Smoking Ceremony (If weather permits). We will go over some housekeeping and welcome you all to let yourselves be fully present in whatever transpires for you during your festival experience.
7:30pm	WORKSHOPS	Karaoke Let your hair down after a big day and sing your heart out. What do they say about Karaoke? "Karaoke is NOT for people who can sing. Take that shit to American Idol!"
7:45pm	MAIN STAGE	Liz Hassack - Live Performance With her acoustic guitar and soothing vocals Liz will take you on a journey of stories and songs to make you forget about all the day to day hum drumness of life. Be transported by original songs and cover songs on a musical adventure, join in when you know the words or just sing along even if you don't. Music is the thing that unites us all
8:30pm	MAIN STAGE	Dance After a day of expression and discovery, we invite you to let your hair down and dance your heart out to female musicians from past and present. Anyone from Tina Tuna to PINK! and everything in-between. Presented by renowned Dj Sophie Joy!
9:30pm	WORKSHOPS	A good-night CE5! (Meditation and Stargazing) CE-5 Victoria, Australia & CE5 Wonder CE-5 Victoria, Australia and CE5 Wonder presents a good-night Meditation under the stars whereby we desire for a different type of future where we live in harmony with all life and life forms. Includes 20-30 minutes and then star gazing afterwards. Feel free to bring a cushion and a yoga mat or picnic blanket to lie down on.