

# Bohemian Summer Festival

SATURDAY - 17 February 2024

7am	MAIN STAGE	<b>Yoga - Akasha Wellness</b> Offering early morning yoga that focuses on yoga and Ayurveda.
8am	MAIN STAGE	<b>Chakradance - Lighthouse Soul Journeys</b> Chakradance is a Movement Therapy Modality. A fusion of Jungian psychology, chakra-resonant music, guided visualization and mandala art. No previous dance experience is required as all is spontaneous movement directed by you. Knowledge of your chakras is also not a requirement. The workshop is held in a beautiful, safe and supportive space. Come home to your body, connect more with your soul and freely dance to the rhythm of your soul.
8am	WORKSHOPS	<b>Soul Sister Sound Bath - Sally Bruni &amp; Cat Timcke</b> Soul Sisters, Sally & Cat, will lovingly guide you through a sound journey that will promote relaxation and healing while they provide and hold sacred space. The Soul Sisters will include relaxing and healing sound frequencies from crystal singing bowls, chimes, shamanic drum and other sound healing instruments. The space will be energetically cleansed for the event and group energy healing will be channeled to attendees. This offering is for those who are seeking a sound journey in a sacred space that includes the offering of loving energy group healing.
8am	WOMENS CIRCLES	<b>Empowering exploration meditation - Melody of Soul Meditation</b> A guided awareness meditation that takes you on a journey deep within, to get in touch with your deepest desires, thoughts or beliefs that are holding you back, and the messages from your body and soul. Empowering you to accept yourself, embrace your dreams and live with fulfillment.
9am	CRAFT/EXPRESSION	<b>Earth Altar (Nature mandala) installation - Earth Altering &amp; The Chrysaliseffect</b> An Earth Altar is a temporary art piece, generally in the shape of a mandala, created from materials found in nature that can be built on a surface of the Earth, in a sacred site, building, home or perhaps even your home or bedroom to use in ritual. Join Milla and Prue after their Earth Alter Installation as they teach you the meditative and rewarding art of crystal wrapping. Milla uses crystals on a daily basis and is passionate about teaching people how to listen to, connect with and embrace the healing potential of crystals. Crystals find us when we need them, and this process allows you to get intimate with your new friend, create and be with the gifts that your crystal is sharing with you. In this workshop you will connect with your crystal in meditation, then learn all of the skills to create your own macrame crystal necklace. This is a workshop self-ran by The Chrysalis Effect at her stallholder space and is at an additional cost.
9am	CRAFT EXPRESSION	<b>Basket weaving with Bel Natures Flow - Bel Totino</b> Learn the basics to weave a little basket and see how it can be a mindful practice. Mindful making

# Bohemian Summer Festival

SATURDAY - 17 February 2024

9am	HUB	<b>Fully Expressed - IM A SOUL QUEEN</b> Are you ready to learn how to truly express yourself? Are you holding back your voice because you don't have the courage or confidence to speak up about what really matters to you? Or you struggle to verbalise your feelings or emotional state when you are overwhelmed by a situation. Then this workshop is for you. You will learn how to being able to confidently communicate with those around you as well as the universe. Being able to confidently express your authentic self is a huge part of you taking your power back and stepping into your higher self.
9am	WORKSHOPS	<b>Angels - Saraswati Healing - Larimar Light Healing</b> Feel the divine connection! This ritual based workshop, includes visualization, activations and initiations delivered by Candice, a licensed Saraswati Healing Practitioner is a beautiful way to connect with you soul and see real changes in you life because of these inner discoveries. Saraswati Healing is a unique and powerful spiritual healing modality. The templates are intuitively chosen with healing and guidance as channeled by Alana Fairchild from the Angels.
9:20am	WOMENS CIRCLE	<b>Entering your Peak as the Crone - Energy Business Institute</b> Often when entering your new chapter as the Crone, you step too lightly. So often I hear them describe themselves as the invisible woman, too old for this and that. Past my prime, leave it to the young. When in fact, the chapter of the crone is powerful but lost. It is time to relabel it, reclaim it and give it its rightful place. At around 40 you should start to enter your peak. Come and claim your crone. Come and gather and be renewed. Renew and refresh your life purpose and make damn sure you are fulfilling your soul's destiny in this lifetime. Discover your legacy and start to live as the respected elder, the wise woman, the crone. She knows who she is, let her run wild and free.
9:30am	MAIN STAGE	<b>Chant with Charlotte &amp; friends - Whites Swan Sound and Yoga</b> Join Charlotte and friends for a heartfelt session of singing from the heart. Charlotte will chant and play the harmonium and a responder singer will help guide you in the practice so you know when to chant! The repetition of mantra helps the mind to focus, and shifts one into a meditative state. Experience the sound of your own voice amongst others and feel peaceful, joyous, united and connected as you chant mantra. No singing experience required! For Charlotte chanting is a way to share love & energy, music & fun and to meditate with ease. It's a way to bring people together to feel good! She sees chanting as a nurturing practice which can be relaxing, joyous, heart opening and transformative.
10am	YOUTH	<b>Make a Mini Dream Catcher - Inspiring Potential Life Coaching</b> A fun and interactive workshop for kids 8 – 12 years, they will learn to make their very own mini dream catcher! They'll discover the history and cultural significance of dream catchers and learn how they can use them to promote dreams and peaceful sleep. Kids will get creative and customise their dream catcher with colourful beads, feathers and other materials. By the end of the workshop, each child will have a unique and beautiful dream catcher to hang at home and help them catch their sweetest dreams!

# Bohemian Summer Festival

SATURDAY - 17 February 2024

10:20am	WORKSHOP	<b>Crystal Basics Phoenix Alternative</b> Love crystals but not sure where to start to work with them or even how to choose them. Well this mini workshop is for you, will cover the basics of working with crystals. We will look at :How to choose a crystal, Cleansing a crystal, Connecting to your crystal, Programming a crystal, Deprograming a crystal
10:40am	WOMENS CIRCLES	<b>Awakening the Wisdom of your Ancestors - Fabiene Lui</b> The legacy of our ancestors is their loving wisdom. Come gather in Sacred Circle to explore this birth right. Be guided in meditation to awaken and activate the loving wisdom of your lineages. We will then move and dance to integrate and anchor this wisdom as we flow through a soundscape of ancestral rhythms.
11am	MAIN STAGE	<b>Intuitive Body Art Workshop - Soulful Enchanting Body Art</b> What exactly do the signs, planets and houses represent in your astrology chart? Most of us know our sun sign but if you dig a little deeper you will discover that your chart contains so much more. In this workshop we will take a journey into unlocking the secrets of your unique astrological chart which was created in the sky at the exact time of your birth. Discover how the planets talk to each other, understand what each zodiac sign represents and the energy contained in all 12 houses to gain a deeper insight into your strengths, weaknesses and what makes you unique in this world. It is recommended that you bring a cushion to sit on to this workshop.
11am	CRAFT/EXPRESSION	<b>Tea Leaf Reading - Trish Pellen</b> Embark on a journey into the intriguing world of Tasseography, where Trish will expertly demonstrate the delicate art of pouring tea to unveil concealed messages of divination. Immerse yourself in the enchanting tea leaf ritual and unlock the power of divination readings. And as a treasured memento, receive a personalized tasseography divination report to cherish. Located in our crafting tent as tables will be needed.
11:40am	WORKSHOPS	<b>Psychic Self Defense - Nicole Lee &amp; Victoria Maxwell</b> Sticks and stones may break my bones but words will never hurt me is simply not true. Words are sound frequencies that can be projected into your energetic field as thought forms to cause harm. Join us to learn how you can use spiritual practices as defensive techniques to maintain your well-being. This is the perfect workshop for teenagers or anyone who is experiencing bullying, discrimination or harassment.
11:50am	HUB	<b>Deadly 60 - 60-minute Cultural talk on Wadawurrung history and fire knowledge - Tammy Gilson</b> Tammy Gilson is a proud Wadawurrung woman, Wiyn Murrup (Cultural Fire) Ranger, award winning traditional weaver and blak designer. Tammy connects to country through weaving and fire and will discuss her journey as an Aboriginal woman waking in two worlds. One being the path of her ancestors and the other in today's contemporary society. She is also happy to take questions at the end. Tammy's daughter Indigo is also an award-winning artist and young Wadawurrung mob who will accompany Tammy for a yarn.

# Bohemian Summer Festival

SATURDAY - 17 February 2024

12pm	WOMENS CIRCLE	<b>Introduction to Energy Healing Wallan Healing Tree</b> In this introductory exploration, we delve into the depths of Energy Healing, seeking to understand its nature and potential. By delving into the practice of energy work, we unlock the transformative power it holds to bring healing and harmony to the interconnected realms of the mind, body, and spirit. Join us as we embark on this enlightening journey, uncovering the profound benefits that await those who choose to embrace the path of energy healing.
12:30pm	MAIN STAGE	<b>Holly Kercheval - Live Performance</b> Bush based singer/songwriter/storyteller Holly Kercheval sing with passionate and diverse vocals. Holly has traveled the country playing at festivals, wine bars, pubs, corporate and pride events in QLD, WA, NT, NSW and now her home base in VIC. Holly has the ability to read the vibe of the space and tailor her set to suit. She has a unique talent of being able to write on the spot songs provoked by the happenings around her that often leave the crowd in stitches. Her original songs are inspired by life experiences, love, authentic human emotions and her connection with the earth. Holly plays covers and originals to engage the audience whilst displaying her diversity and style and will leave you wanting more.
12:30pm	YOUTH	<b>Self-love circle (TEENS) - Melody of Soul Meditation</b> A circle created with young women (13-17) moving through a time in life where the world can feel heavy. A time of incredible influence where negative energy can create self-doubt, unhelpful thinking, and unhealthy coping habits. Self-love practices at this precious developmental stage gives you positive, healthy tools to nurture and support yourself, to build resilience, self-acceptance and self-worth.
1pm	WORKSHOP	<b>Tarot - a Symbolic Key to Self-Development - Crystal Aura Tarot School</b> Unlock the mysteries of Tarot and discover how it can be a powerful tool for self growth. In this workshop, hosted by Intuitive Tarot teacher Natalie Grace from the Crystal Aura Tarot School, you'll learn how to decode the symbolic language of Tarot to intuitively interpret your own higher guidance, along with practical ways that you can use Tarot for personal insight, exploration and development. Attendees will be provided with a Daily Tarot Journal handout to take home, so that they can start their own intuitive Tarot practice.
1pm	CRAFT/EXPRESSION	<b>Creative Hearts -Glow Well-Being</b> Creative Hearts is an immersive and nurturing workshop bringing together guided heart-centered creative practices to bring forth self-expression as a pathway for healing. Drawing inspiration from Earth elements, Sally Jean will support participants to explore flow and repetitive pattern drawing using water color paint and colored pens. Participants will create a unique and meaningful artwork to take home.

# Bohemian Summer Festival

SATURDAY - 17 February 2024

1.20pm	WOMEN'S CIRCLE	<b>THE FUTURE ANCESTOR Journey To Oneness - Anabelle Sharman</b> Author of THE FUTURE ANCESTOR-Guide and Journey to Oneness (published by Hay House UK) "will guide you to unravel a piece of who you truly are from within, to see and feel through your Ancestors eyes, heart and spirit. To embrace the responsibility of creating a better world for future generations. A gifted storyteller, Annabelle shares in a way that transports you to the campfire with a cuppa between your hands, the red dirt underfoot and the Murray waterways lapping in the distance. Regulating your nervous system like a mother rocking her child." words by Rebecca Campbell. Taken from Foreword in Annabelle's Book.
1:45pm	WOMENS CIRCLE	<b>Qoya free dance class - Liz Reichard, Radiance Coach</b> A free dance class that reminds you that your essence is Wise, Wild and Free. It's designed to get you out of your head and into your body; to dance with your emotions rather than think about them.
2:20pm	WORKSHOPS	<b>Guided Sound Journey - Raising the Divine Feminine Within - Phoenix Alternative</b> Enjoy an uplifting sound bath and guided meditation to connect with the energy of the sacred feminine that is within us all.
2:40pm	WOMEN'S CIRCLE	<b>Colour yourself in Art, Dance &amp; Sound - Tiffany Sassafrass</b> Tiffany Sassafrass will take you on a magical shamanic creative Journey. Beginning with wild & gentle dance, stretching, moving & enjoying our bodies. We will then have space to do some intuitive art making! Drawing our dance drawing how our bodies feel after a good dance! Then relaxing into a guided shamanic sound healing. A cosmic sound scape into the music of the spheres. Combining Neptune/ Venus Gongs, Chimes, Drums, Chrystal & Tibetan bowls & Shamanic Chanting. You will feel relaxed restored & refreshed
3pm	CRAFT/EXPRESSION	<b>Paint and Sip - Pinot &amp; Picasso Ballarat</b> Grab a drink from the bar (OPTIONAL) and immerse yourself in this creative workshop. Mysterious, beautiful, brave and colorful! Release your inner femme fatale with this bright and expressive artwork. Whether you're red and fiery, yellow and charismatic, orange and creative – play with colors that represent you! Femme Fatale is the perfect artwork for all skill levels, allowing for free-flowing expression and multiple colors. Limited spots available. Please arrive early to avoid missing out.
3pm	YOUTH	<b>Nature Wings come &amp; go activity</b> Lose yourself in free expression. Children (and kids at heart) can make themselves nature wings.

# Bohemian Summer Festival

SATURDAY - 17 February 2024

3pm	MAIN STAGE	<b>Connecting with Spirit (Live Audience Readings) - Lindie Gunston</b> Renowned Psychic Medium Lindie Gunston will be offering Live Audience Readings that will blow your mind. With an authentic down to earth personality, Lindie holds no bounds and has quickly become one of Australia's favorite psychic mediums! A regular on K-Rock - we are thrilled to have Lindie join us at Bohemian Summer Festival.
3.40pm	WORKSHOPS	<b>The Magick of Circle Casting - Bonny Hut</b> Learn some surprising facts and spiritual secrets about the magick of circle casting. We will learn how and why the act of circle casting has been used across many cultures throughout history. We will also discuss what the elements really are and do an interactive exercise on how to meet and work with them as well as how to use tools more effectively and more.
3.50pm	HUB	<b>School Advocates - why is it sometimes needed?</b> <b>- Autism Goals ASD School Advocates</b> Autism Goals will be joining us to talk about how School Advocacy works and will be sharing some of the experiences including some of the challenges parents have come up against on getting the right support in schools and how having a school advocate got results.
4pm	WOMEN'S CIRCLE	<b>Embracing the Wild Within: A Transformative Women's Circle - Awaken Divine Feminine</b> Join us for a soul-stirring journey as we delve deep into the essence of womanhood and connect with our wild, untamed selves. Led by Evening Star, a seasoned healer, author, and speaker, this empowering Women's Circle is designed to awaken the ancient wisdom within every woman so you can release the old and ignite your wild magic!
4.30pm	MAIN STAGE	<b>The Pedestrians (Live Performance)</b> Introducing The Pedestrians; a five-piece all-girl band from the Western Suburbs of Victoria Australia. The Pedestrians will be playing an acoustic mix of grunge and melodies. These young musicians will be sharing the stage with other established and emerging artists, and we are super excited that they will be joining our lineup!
5pm	WORKSHOPS	<b>Embracing Imperfections: Cultivating Self-Love &amp; Conquering Perfectionism - Inspiring Potential Life Coaching</b> In this presentation, we explore the powerful concept of self-love and conquering perfectionism. <ol style="list-style-type: none"><li>1. The Perfectionism Trap</li><li>2. Embracing Imperfections</li><li>3. The Power of Self-Love</li><li>4. Overcoming Perfectionism</li><li>5. Building Resilience and Self Compassion</li></ol>
5pm	CRAFT/EXPRESSION	<b>Paint your own Mandala - H.O.P.E - Helping Other People Evolve</b> These sessions will include an information session and print out on mandalas history, purpose etc. A short meditation prior to painting and then the painting session.

# Bohemian Summer Festival

SATURDAY - 17 February 2024

5pm	YOUTH	<b>Fabric Printing come &amp; go activity</b> Lose yourself in free artistic expression. Children (and kids at heart) can have a go at nature fabric printing.
5.20pm	WORKSHOPS	<b>Songs of Woman - Wilderness Within</b> Gathering together in ceremony, raising our voices together in songs that celebrate the feminine, the earth, sisterhood and love! No singing or musical experience necessary.
5.40pm	HUB	<b>Reset and Regulate - Vital Space Nexus</b> Through this interactive presentation, I will share about what experiences helped me create my own way to regulate during PTSD and Burnout - Autistic Meltdown and overwhelm. I'll bridge into how this enabled me to collaborate with Ben Maron to develop a 'map and model' where we created a beautiful course to help others. We will have some group activities to give the participants a taste of what's included in the course materials, and how to tune into what YOU need (when we're often so busy worrying about everyone else!) - Meditation OR Movement - Creativity - Prioritizing Self-Love
5.45pm	MAIN STAGE	<b>Morrigan &amp; Wilding (Live Performance)</b> Carly Wilding and Kylie Morrigan are a folk-fusion duo based in bayside Naarm (Melbourne). They bring together Carly's extensive theatre and music background and Kylie's classical and contemporary musical background and merge into a slightly mystical, slightly Celtic, slightly gothic and unique blending of voice and multi-instrumentation with all original songs. With harp, violin, guitar, voice and live-looping, Morrigan & Wilding transport you with their experiential and story-oriented
6.20pm	WORKSHOPS	<b>Coming Home to Your Power Oztantra - Annette Baulch</b> As women we all carry woundings that keep us from our full shining power. Woundings that keep us in fear and limitation. These woundings can be healed most powerfully in sacred community with other women. This workshop gives such an opportunity in a trauma informed way. For you to give voice, sound, movement and healing to a wounding you feel ready to release, at your own pace. Be it grief, fear, self doubt, self judgment, betrayal and more. So you can step into a more radiant version of yourself as you let go of what is keeping you from it.
7.15pm	MAIN STAGE	<b>Harlow &amp; Hart (Live Performance)</b> Harlow & Hart perform covers complimented by strong vocals and angelic harmonies. Their unique and carefully arranged renditions featured cover decades of your favourite hits. From the 50's, disco, classics, RnB, to what's now hot on the radio, Harlow & Hart cater to all. With evident chemistry and fun, extroverted personalities shining through on stage, Harlow & Hart are a must see!
7.30pm	WORKSHOPS	<b>Karaoke</b> Let your hair down after a big day and sing your heart out. What do they say about Karaoke? "Karaoke is NOT for people who can sing. Take that shit to American Idol!"

# Bohemian Summer Festival

SATURDAY - 17 February 2024

9pm	<b>MAIN STAGE</b>	<b>DANCE - Presented by DJ Sophie Joy</b> Dance Parties featuring all the classic & recent female hits like Tina Tuna, Pink, Lady Gaga, Madonna, Joan Jett and so much more! Let your hair down after a day of filling your cup.
10pm	<b>WORKSHOPS</b>	<b>A good-night CE5! (Meditation and Stargazing)</b> <b>- CE-5 Victoria, Australia &amp; CE5 Wonder</b> CE-5 Victoria, Australia and CE5 Wonder presents a good-night Meditation under the stars whereby we desire for a different type of future where we live in harmony with all life and life forms. Includes 20-30 minutes and then star gazing afterwards. Feel free to bring a cushion and a yoga mat or picnic blanket to lie down on.
10pm	<b>WOMEN'S CIRCLE</b>	<b>Deep rest and reset (Night Meditation) - Natures Flow - Bel Totino</b> A super lush practice to drop in after a big day. Lets rest and connect back to ourselves, with some gentle grounding movement fused with qigong breath and meditation, finished with a savasana. Feel free to bring a cushion and a yoga mat or picnic blanket to lie down on.